

## *Egg Donation Abroad*

### **Information on Infertility Treatment through the Method of Egg Donation (Donor Oocytes) Provided by anonymous Donors.**

*Infertility treatment with the use of donated eggs is fully legal in the Czech Republic!*

#### Selection and Examination of the Donor:

- We use eggs only from anonymous volunteer donors.
- Age under 35.
- Intelligence and appearance are taken into account.
- Examination: standard genetic findings including CFTR mutations (test for cystic fibrosis).
- A negative test result on AIDS (HIV test), hepatitis B (HbSAg, anti-HBc antibodies), hepatitis C (anti-HCV antibodies), lues (syphilis). These tests are made before filing and then at least 7 days before egg collection.
- Obligation of anonymity.

Donors are women of the common European population (Caucasian race =pale skin). You can choose colour of eyes, colour of hair and body height and weight of the donor, so as her level of education.

#### Requirements on Treated Couple:

- Obligation of anonymity.
- The age of the woman must be less than 50 years.
- Good health condition of the woman.
- The man is not a carrier of the HIV virus, hepatitis B nor hepatitis C viruses and he does not suffer from lues (syphilis).
- Marriage is not necessary.

## *Steps to make it happen*

1. **Complete** our [Medical Consultation Form \(Medical Questionnaire\)](#)
2. **Receive** free medical consultation – evaluation of the questionnaire by a specialist doctor
3. **Pay** the initial 250 EUR deposit for the treatment and arrange your phone consultation with the doctor **or Book** directly the first appointment/treatment in Prague through our online reservation system
4. **Email** us a copy of performed tests - HIV test, hepatitis B and C, and lues (syphilis) tests (if you have them)
5. **Send** a deposit of 1000 EUR for preparation of the donor
6. **Come** to Prague for the treatment

### Before the treatment starts:

We will send you a **Treatment Consent Form – Declaration of the recipient of donated eggs (oocytes) and her partner**. Read it carefully. You will be asked for a signature during your first visit at our institute, upon which your identity will be verified according to your passport.

It is recommended to have an examination of thyroid hormones and the level of prolactin of the woman, so as the gynaecological examination.

We need to know the blood group of yours and of your partner.

The condition for women over 45 to be classified in the Oocyte Donation Programme is to be examined by their GP or internist mentioning the reason why the woman cannot get pregnant is unknown.

### The conditions for being added to the waiting list of couples waiting for a donor:

1. Filled Medical Questionnaire
2. Payment of the deposit (250 EUR before the initial consultation + 1000 EUR afterwards. This money serves as a deposit for the medication of the egg donor and her examinations (hormones, sexually transmitted diseases, genetics = caryotypisation)

### Price:

*1 cycle with donated eggs from the volunteer donor is 4994 EUR*

The price includes: preparation of the donor, all examinations of the donor, including the genetics, stimulation of the donor, egg collection, the recipient receives all eggs from one donor, fertilization of eggs by the standard method, 48 hour cultivation of embryos, embryo transfer

### Related services not included in the price:

- *Egg donation supporting drugs 60€*
- *Sperm freezing €128*
- *ICSI €352 or PCSI €640*
- *AH per 1 embryo €132*
- *Extended cultivation more than 48 hours €140*
- *Freezing of excessive embryos and storage for 1 year €132*
- *Embryo glue €66*

### Treatment Preparation:

#### a) Cycle Synchronization

In order to plan the transfer of embryos made by egg fertilization provided by the anonymous donor by the sperm of your partner without the necessity of freezing them, it is necessary to synchronize your cycle with the cycle of the donor. It means that your menstruation must proceed approximately at the same time as the donor's cycle.

The cycle of all women donating eggs to our institute is synchronized so that they always start



their period at the beginning of each month. We have to adapt your cycle so that your period always starts in the end of the month, which means earlier than the donor's period. For advancing your cycle, hormonal contraception, medicaments designed for hormonal replacement therapy or the combination of pills containing oestrogen, preferably micronized estradiol, and gestagen, can be used. Your gynaecologist will give you advice about the proceeding. If it is not possible, send us the details of your cycle and we will advise you what kind of medicaments should be used. Do not forget to mention whether you use any hormonal treatment.

### **b) Treatment Planning**

When you achieve having your menstruation regularly always at the end of the calendar month, i.e. between the 24th and 28th of the month, inform us about this fact via phone.

### **Several treatment plans are possible**

**2 short visits** (paperwork, blood tests and sperm freezing are done during 1st visit)

**1+4 days** (with prolonged cultivation of embryos)

+ **pros:** Shortest possible stay, the man does not need to return for 2nd visit, savings on accommodation and medication postage

- **cons:** 2 trips, time flexibility on side of the patient, day of the arrival only confirmed 5 days before, ultrasound scan to be arranged at home

**1 longer visit** (with initial phone consultation, medication can be sent by post)

a. **7 days** (gives little space for ideal cultivation of embryos)

b. **13 days** (ideal and stressless, enough time for everything, including a possible allocation of new donor should the 1st one fail)

+ **pros:** your stay can be planned 1 month in advance, free ultrasound scan is done in Prague, 1 trip only, man can leave after 24 hours

- **cons:** longer stay, possible extra payment for postage of medication (+60 EUR)

### **c) Treatment Cycle**

At least one month before we confirm definitive entry into our treatment programme.

As soon as you have your period, please, let us know (via phone). At the same time, do not forget to inform us about your arrival in Prague. We will inform you by return about your first visit to our institute (day and hour).

Within this cycle, you will use micronized estradiol in the dose of 2 mg 3 times a day from the 1st day of your menstruation. We can send this medication to you via post (+ 60 Eur). Should your cycle be controlled by different medication, you will discontinue it. The first day of your menstruation is the day when the bleeding starts in the morning and is not only spotting but bleeding of regular intensity. If you are not sure, it is better to start the next day.

### **d) Your Arrival for the Treatment**

As explained above, the day of your arrival depends on several aspects. The embryo transfers usually take place between the 15th and 20th day of a month (depending also on the number of days of cultivation). If partner's sperm was frozen during the previous visit to Prague and you can arrange the necessary ultrasound scan back at home, the woman can arrive as late as



2 days before the planned transfer. In case of a single visit to Prague we will need you to arrive 5 – 8 days before the transfer. Both possibilities will be explained during the initial phone consultation and clarified several weeks before the planned transfer.

The first appointment should be attended by both of you; it means the woman and the man. We will thoroughly discuss the whole procedure. Consequently, you will sign the treatment agreement, with identity verification in accordance with your passports.

The woman will follow the gynaecological examination, including the sonographic examination aimed at the height of endometrium. According to the result, we will possibly increase the estradiol dose.

The man will follow with blood sampling in order to determine sexually transmitted diseases (very strict regulations requiring repeated negativity of these tests must be met in the Czech Republic) and sperm freezing.

At the end of the visit next steps will be specified and we will also check up whether the phone contact works (very important).

*Payment:*

*1 cycle with donated eggs from voluntary donor 4994 EUR*

*The initial deposits of 1000 + 250 Euro will be deducted based on the actual exchange rate of CZK and EUR*

*ICSI method 352 EUR or PICSI method 640 EUR*

#### **e) Egg Fertilization - Our institute guarantees:**

- Maximum care during the examination and preparation of the donor is provided, as well as during her stimulation treatment and egg collection.
- Distribution of all eggs from one volunteer donor is guaranteed.
- The minimum number is 5 high-quality eggs.
- Fertilization used through the ICSI or PICSI method.
- The origin of at least 2 high-quality embryos.

In case the donor does not have 5 high-quality eggs, we offer an alternative solution. We proceed in the same way also in case that at least 2 high-quality embryos are not available. ***Should you not get pregnant we offer 2<sup>nd</sup> cycle with 20% discount and 3<sup>rd</sup> cycle with 40% discount.***

As soon as we know the exact date of the egg collection of your donor, we will contact you via phone. We will ask you to add progesterin to your medication.

#### **f) Embryo Transfer**

The transfer itself always takes place in the early afternoon, on Saturday before the midday. Starting with the second day after the egg collection provided by the donor, we will contact you always at around 8.30 a.m. in order to inform you whether the embryo cultivation continues. In the second case, you should appear for the transfer in the afternoon.

The transfer itself is painless. Before the transfer you will be thoroughly informed about the result, i.e. how many and what embryos will be transferred and how many of them were eventually frozen for their further use.

*You will be asked to pay the rest of the total price.*

You will leave our institute after 1 or 2 hours after the transfer. We recommend the woman to restrict all activities that are not necessary for the period of 3 consecutive days. The best date for leaving the Czech Republic is then after 3 or 4 days after the embryo transfer. Micronised estradiol with gestagen has to be still used.

### **g) Maternity Card**

A Pregnancy test should be executed after 16 or 18 days after the transfer. If the test is positive, it is still necessary to use the above mentioned hormonal support. If the test is negative, you will discontinue these medicaments. Menstrual bleeding should usually appear after the termination of hormone therapy. Should bleeding appear earlier, we recommend you to consult further procedure with us.

### **Possible subsequent cycles with embryo cryopreservation**

In case the pregnancy did not appear and other embryos are available in their frozen state, another transfer should be arranged.

We recommend a minimal interval of 1 month.

The planning is easy. Your stay in the Czech Republic can be shorter – less than a week.

From the 1st day of the cycle, during which the transfer is planned to happen, we recommend to use a combination of drugs for managing cycles – oestrogens and progestins. You will administer the medication with the micronized oestradiol on day 1 in dosage 3 x 2mg daily.

We can sell you this medication ourselves and send it via post (+60EUR) or your gynaecologist may prescribe it for you.

A condition for transfer is a uterine mucosal height of at least 7 mm. The finding may be verified by your gynaecologist. After the required endometrial height has been achieved (usually between the 12th and 14th day), we add the micronized progesterone medication in a dosage of 3 x 200 mg per day.

The transfer will follow after 2 to 5 days depending on how the embryos were frozen. Then, the procedure is the same as during the first cycle.

The transfer date may be arranged by telephone and arrival in the Czech republic on the day of transfer is usually sufficient. It is possible and even better, to arrive in the Czech republic around the 12th day of the cycle. Check-ups before the transfer are then performed at our clinic.

All specifics will be provided based on the actual situation.

The partner's attendance is not necessary.

Residency in the Czech republic for 3 days after the transfer is sufficient.

*The price will be only 484 EUR for management of the cycle and for embryo-transfer itself + possibly 132 EUR for assisted hatching/ 1 embryo + possibly 66 EUR for embryo glue.*

Prices in EUR are just informative. Used conversion is 25 CZK per 1 Euro. Exchange rate valid in the time of payment will be used for billing. All payments may be made in CZK or in the Euro equivalent converted using the current exchange rate. We accept the majority of regular credit and debit cards.

